



YOGA

**Cours de Yoga de 90 minutes/ 90 minutes Yoga class
in the hotel**

Kundalini - Vinyasa Flow - Pranayama - Meditation

**Cours privé/Private course 1/1 : 7000 xpf
or**

Minimum 2 pers : 3000 xpf/pers

Yoga Mat included



APNEE/APNEA/FREEDIVING

Découverte / Initiation / Introduction

Cours d'une journée 9H-16H
One day full course 9AM-4PM

Theory - Relaxation & Breathing Technics - Static in the pool
Free Immersion & Constant Weight disciplines in the lagoon -
(-10m max)

School Certified by A.I.D.A. & Apnea Academy

11000 xpf /pers.
Equipment/Boat/Fruits/Water included

2 pers. MINI / 4 pers. MAX



**DECOUVERTE DU LAGON / DISCOVERY LAGOON, SNORKELING
By Boat**

2H

**4000 xpf /pers.
Equipment/Fruits/Water Included**

3 pers. MINI / 6 pers. MAX

+ if desired Professional UW photos (3-10) - 7000 xpf/group



RENCONTRE AVEC LES BALEINES/DAUPHINS DOLPHINS/WHALES ENCOUNTER

3H

7000 xpf / pers.
Equipment/Fruits/Water included

3 pers. MINI / 6 pers MAX

Si les baleines ne sont pas aperçues, ce sont des animaux sauvages et l'océan n'est pas un zoo, 3000 xpf/pers. seront remboursés (pour la prise en charge des frais du bateau, du capitaine et du guide).

If whales are not sighted, they are wild animals and ocean is not a zoo, 3000 xpf/pers. will be refunded (management fees of the boat, captain and the guide in the water).

+ if desired Professional UW photos (3-10) - 7000 xpf/group

